

### WHEN CAN I SPEAK WITH MY TRAINER?

At Park Orchards Community House & Learning Centre, we're proud to offer face-to-face classes – which means you get direct access to your trainer during your course!

#### **NEED A ONE-ON-ONE CHAT?**

Your trainer is here to support you. You can speak with them before class, during breaks, or during class study time. Just ask politely and they will either chat with you then or arrange a time that works for both of you. To make the most of your time, bring along any questions or materials you would like help with.

### WANT TO REACH OUT BY EMAIL?

You will receive your trainer's email address at orientation. While trainers aren't available for phone calls or outside office hours, they will respond to your email within 4 business days.

(Please note: This doesn't include school holidays or course breaks. Response time for assessments may differ.)

# NEED EXTRA SUPPORT – STUDY HELP OR WELLBEING CONCERNS?

You're not alone. You can speak with our VET Coordinator in the office, or email at training@parkorchards.org.au, or ask any of our office staff for help.

## TIPS FOR SUCCESS:

- · Jot down questions and ask during a break or when your trainer invites them.
- · Check your course materials first your answer might already be there.
- · Your trainer is here to help planning ahead means you can make the most of their support.

Your trainers are here to help you succeed – so don't hesitate to reach out!